

Starters Satay Skewers Chicken skewers with a delicious satay sauce [10] Vegetable Soup Made with the freshest in-season vegetables GF V Stuffed Mushroom Portobello mushroom stuffed with ratatouille vegetables with GF V mixed leaf garnish and balsamic reduction **Goats Cheese Bruschetta** 1 Irish goats cheese on bruschetta served with a mixed leaf garnish, carmelised onion and balsamic reduction [1a,2] Mains Lemon Thyme Chicken Pan-fried marinated chicken fillet with lemon (GF) thyme, roasted herbed potatoes & vegetables [6] Mushroom Linguini Pesto linguini with mushroom, spinach, cherry V tomato, courgette and walnut [1a,4h] **Coconut Curry** Full of flavour chicken curry made with fresh GF V herbs & vegetables, served with basmati rice **Power Bowl** Chargrilled chicken satay with egg fried rice, GF V crunchy vegetables and a peanut sauce [3,9,10] **Thai Street Noodles** Stir-fry rice stick noodles and Asian vegetables GF / V in a tamarind sauce served with grilled chicken [3,9,11] **Beef Stir Fry** Lean Irish beef stir fry with chilli, garlic, ginger, GF / V green veg in a stir-fry sauce with basmati rice [1a,9,11] **Desserts Banoffee Pie** White Chocolate & Raspberry Roulade GF)

Vegan Chocolate Brownie

Mint Aero Cheesecake

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